



PARIS-BOURBON COUNTY YMCA

May 2026

NEWSLETTER

Important Dates

- o May 6: Last day to register for Karate
- o May 7: Last day to register for Jazz Dance Lessons
- o May 9: Last day to register for Hip Hop Dance Classes
- o May 16-17 Blended Lifeguarding Class
- o May 23: Tentative Date for the Outdoor Pool to open



Child Watch Hours
 Mon-Fri: 5:00 PM – 8:00 PM
 Saturday: 8:00 AM – 11:00 AM
 Note: Free childcare while you work out!

Facility & Pool Hours

- Facility Hours
 - Mon-Thu: 5:30 AM – 8:30 PM
 - Friday: 5:30 AM – 8:00 PM
 - Saturday: 7:00 AM – 2:00 PM
 - Sunday: 12:00 PM – 5:00 PM
- Indoor Pool Hours
 - Mon-Thu: 5:30 AM – 8:00 PM
 - Friday: 5:30 AM – 7:30 PM
 - Saturday: 7:00 AM – 1:30 PM
 - Sunday: 1:00 PM – 4:30 PM

New Gymnastics & Karate

- Gymnastics (Monthly): \$55 Members / \$60 Non-Members
 - o Tuesday: 5:00 PM (Ages 5–8), 6:00 PM (Ages 9–12), 7:00 PM (Advanced)
 - o Thursday: 6:00 PM (Advanced)
- Karate (11 Week Session) \$100.00 Members / \$125.00 Non-Member
 - o Wednesday 4:00-5:00 Advanced Classes
 - o Wednesday 5:00-6:00 Beginners Classes

Mary Turvey Aquatics Director Graduates from Leadership Bourbon County Class of 2025–2026

We're proud to share that our Aquatics Director, Mary Turvey, recently completed the Paris-Bourbon County Chamber of Commerce's Leadership Bourbon County program. This community leadership initiative is designed to help participants strengthen their leadership skills while building meaningful connections across Bourbon County. Open to those who live or work in the area, the program provides valuable insight into the community while encouraging collaboration and civic engagement. Mary is the third member of the Paris-Bourbon County YMCA management team to complete this program, reflecting our ongoing commitment to developing strong leaders who make a positive impact both within our YMCA and throughout the community.

In addition to her leadership role, Mary teaches both private and group swim lessons and leads the free second grade swim lesson program serving Paris, Bourbon County, Harrison County, and Nicholas County. One of her greatest passions is working with children with special needs, coaching and supporting them as they grow in confidence and skill. She takes great pride in watching these swimmers succeed, both at local meets and at the state level.

Stay Active & Get Involved

- Annual Campaign: Every Gift Counts
At the Y, we believe everyone deserves the chance to belong. Your donations help us provide scholarships for childcare, swim lessons, and memberships for our neighbors in need. Help us strengthen the heart of Paris-Bourbon County—give today by scanning the QR code below!



- Beginning in May, we're excited to introduce new opportunities to keep our youth active, engaged, and moving! We will be launching four dance classes designed to offer something for everyone. Classes include Intro to Ballet, Creative Dance, Hip Hop, and Jazz—whether your child is just starting out or ready to try something new, there's a great fit waiting.
- In addition, we're introducing a new segment of Karate classes, giving youth another fun and structured way to build confidence, discipline, and strength.

Follow Us:

Facebook: @Paris-Bourbon County YMCA
Instagram: @ymcparisbourbon

Contact Us:

Address: 917 Main Street, Paris, KY 40361
Phone: (859) 987-1395
Email: info@parisbourbonymca.org
Website: www.parisbourbonymca.org

Fitness & Premium Programs

Stay Active this Spring! Our 2026 Group Fitness schedule is in full swing, and it's the perfect time to find a routine that moves you. Please review our updated calendar for current class times and names, including our popular SHINE Dance Fitness and other Premium offerings. Whether you are looking for high energy or a mindful stretch, we have a spot for you.

Changes to Note:

- SHINE Dance Fitness: Join the party on Mondays at 5:00 PM and Thursdays at 5:00 PM.
- Dance (Premium): New Youth Dance Classes are starting in May!

This Month in Pictures



Karate Class



Creative Dance



Intro to Ballet



Hip Hop & Jazz