

MARCH 2026

www.parisbourbonymca.org

# PARIS-BOURBON COUNTY YMCA

# YMCA NEWSLETTER

## Celebrating Excellence: Best of Bourbon County

We are thrilled to share that the Paris-Bourbon County YMCA has been nominated in two categories for the Chamber of Commerce Best of Bourbon County Awards: Best Customer Service and Nonprofit of the Year! These nominations reflect our commitment to serving you and our community with excellence every day.

We are also incredibly proud of Clarrissa Hill, one of our longest-standing Pre-K teachers, who was nominated for Teacher of the Year. Being nominated by the community is a true testament to the heart and dedication Mrs. Hill brings to our youth.

The award ceremony will take place on Tuesday, March 3, at 6:30 PM. Wish us luck



### Facility & Pool Hours

- |                               |                               |
|-------------------------------|-------------------------------|
| • Facility Hours              | • Indoor Pool Hours           |
| • Mon–Thu: 5:30 AM – 8:30 PM  | • Mon–Thu: 5:30 AM – 8:00 PM  |
| • Friday: 5:30 AM – 8:00 PM   | • Friday: 5:30 AM – 7:30 PM   |
| • Saturday: 7:00 AM – 2:00 PM | • Saturday: 7:00 AM – 1:30 PM |
| • Sunday: 12:00 PM – 5:00 PM  | • Sunday: 1:00 PM – 4:30 PM   |

### Child Watch Hours

Mon–Fri: 5:00 PM – 8:00 PM

Saturday: 8:00 AM – 11:00 AM

Note: Free childcare while you work out!

### ● Important Dates

- March 1: FINAL DAY to register for Spring Soccer.
- March 3 (6:30 PM): Chamber of Commerce Awards Ceremony.
- March 14 (5:00 PM – 9:00 PM): Parents' Night Out! Dinner, crafts, and gym time.
- March 21: Community Easter Egg Hunt!
- Ages 6 & under: 11:00 AM
- Ages 7–13: 12:00 PM
- April 18: Healthy Kids Day! Join us for our annual celebration of healthy, active children and families.
- April 18: "Y Not Tri" Indoor Triathlon — Challenge yourself in the pool, on the bike, and on the track!

## Stay Active & Get Involved

- Winter Walking Pass Stay active and warm with our Winter Walking Pass! Get access to the indoor track for just \$30 per month. Includes a Walking Pass Card for easy check-in.
- Annual Campaign: Every Gift Counts At the Y, we believe everyone deserves the chance to belong. Your donations help us provide scholarships for childcare, swim lessons, and memberships for our neighbors in need. Help us strengthen the heart of Paris-Bourbon County—give today!
- 100 Mile Swim Challenge (Jan 20 – Dec 20) Dive into the challenge! Track your miles at the Paris YMCA pool all year long to earn prizes and bragging rights. Open to all ages for just \$26.50. Whether you're "Making Waves" (21–40 miles) or becoming "Master of the Pool" (81–100 miles), every lap counts!
- Celebrate with us: Book your next party (Teen Center, Pool, or Gym) starting at just \$150 for members.

### Youth & Family Programs

#### New Gymnastics & Dance

- Gymnastics (Monthly): \$55 Members / \$60 Non-Members
  - Tuesday: 5:00 PM (Ages 5–8), 6:00 PM (Ages 9–12), 7:00 PM (Advanced)
  - Thursday: 6:00 PM (Advanced)
- Dance (8-Week Session): \$100
  - Thursday: 7:15 PM (Ages 9 and Older)
  - Saturday: 12:00 PM (Ages 5–8)
  - Note: Genres rotate every session!

## This Month in Pictures



Youth Tennis



Pilates Reformer



Teen Center



Parents' Night Out

### Fitness & Premium Programs

Stay Active this Winter! Our 2026 Group Fitness schedule is in full swing, and it's the perfect time to find a routine that moves you. Please review our updated calendar for current class times and names, including our popular SHINE Dance Fitness and other Premium offerings. Whether you are looking for high energy or a mindful stretch, we have a spot for you.

Changes to Note:

- SHINE Dance Fitness: Join the party on Mondays at 5:00 PM and Thursdays at 5:00 PM.
- Dance (Premium): New sessions for ages 9+ are held Thursdays at 7:15 PM (replacing SHINE in that slot).

#### Follow Us:

Facebook: @Paris-Bourbon County YMCA  
Instagram: @ymcparisbourbon

#### Contact Us:

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